

# TRAINING SOLUTIONS NORTH WEST

## SPECIALIST TRAINING PROVIDER

Telephone: 0151 431 0058  
Mobiles: 0795 117 6237 or 0789 468 2862

email: [wendy@trainingsolutionsnorthwest.co.uk](mailto:wendy@trainingsolutionsnorthwest.co.uk)  
[kevin@trainingsolutionsnorthwest.co.uk](mailto:kevin@trainingsolutionsnorthwest.co.uk)



## Challenging Behaviour and Physical Intervention

### COURSE OVERVIEW

The course will explore and extend participants knowledge about challenging behaviour; the forms it can take, those who are at risk, various explanations for the occurrence of challenging behaviour and possible coping and response options. Participants will go on to look at their presentation in a challenging situation including breakaway techniques (if requested by client)

### COURSE CONTENT

- ✓ Understanding challenging behaviour
- ✓ Identify features of it and reasons behind it
- ✓ De-escalation skills
- ✓ Managing positive outcomes
- ✓ Trigger points
- ✓ Physical Intervention

### CERTIFICATION

Attendance Certificate

### TRAINING SOLUTIONS NORTH WEST

Specialist Training Provider

Telephone: 0151- 431-0058 | Mobile: 0795 117 6237 or 0789 468 2862

web: <http://www.trainingsolutionsnorthwest.co.uk>

Company Registration No. 06254466