

TRAINING SOLUTIONS

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Managing and Understanding Deliberate Self Harm in Young People

COURSE OVERVIEW

This course aims to provide professional childcare workers and educationalists with an understanding of what self harm is and the reasons which underlie such behaviour. To consider the needs of young people who self harm, to develop participants confidence when working with young people who self harm and to provide information on what other support and services are available

COURSE CONTENT

- ✓ Examine definitions of self-harm
- ✓ Examine myths, prejudice and the cultural context surrounding self harm
- ✓ Explore why young people self harm
- ✓ Identify particular tools used in risk assessment
- ✓ Explore the needs of young people who self harm
- ✓ Discuss skills development and explore alternatives to self harm
- ✓ Examine the issues self harm raises for staff and organisations
- ✓ Provide information on resources available to assist workers in their approach to this challenging issue

CERTIFICATION

Attendance Certificate

UNITS COVERED:

3.1b, 3.5a, 3.5b, 3.5c, 3.6a, 3.6b, 5.1a, 5.1b, 5.2c, 5.3a, 5.3b, 5.4a, 5.4b, 5.5a, 5.5c

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