

# TRAINING SOLUTIONS

## SPECIALIST TRAINING PROVIDER

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## Mental Health Issues

### COURSE OVERVIEW

The aim of the course is to raise awareness of the range of mental health issues that may be faced by looked after children and young people.

### COURSE CONTENT

- ✓ Critically discuss issues around the mental ill health of children, including diagnosis, labelling and stigmatisation
- ✓ Differentiate between challenging behaviour, mental ill health and adolescent behaviour.
- ✓ Recognise signs of mental ill health in children and young people
- ✓ Broadly understand differing medications
- ✓ Promote a child's good mental health by identifying protective factors and individual resilience

### CERTIFICATION

Attendance Certificate

### WHO SHOULD ATTEND:

Residential and education staff and foster carers who wish to develop their professional role.

### UNITS COVERED:

1.2a, 1.2b, 1.2c, 1.3b, 2.1c, 2.4a, 3.1b, 4.4f, 5.1a, 5.1b, 5.2a, 5.3a, 5.3b, 5.4a, 5.4b, 5.6d, 6.4a.

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