

# TRAINING SOLUTIONS NORTH WEST

## SPECIALIST TRAINING PROVIDER

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## Mental Health Awareness

### COURSE OVERVIEW

It is important to raise general awareness about mental health and reduce the stigma of mental illness. This is a practice-based course aimed at helping participants to work more effectively and appropriately with people who experience a range of mental health problems. On completion of this course delegates will have an awareness of the skills and confidence necessary for working or dealing with people experiencing a wide range of emotional and mental health problems.

### COURSE CONTENT

- ✓ Care and responsibility
- ✓ Dealing with inappropriate behaviour
- ✓ Priorities of treatment
- ✓ Role play
- ✓ Powers of sectioning
- ✓ The Mental Health Act
- ✓ Voluntary confinement

### CERTIFICATION

Attendance Certificate

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